

# **Eternal Hope in Haiti Volunteer Handbook**

Dear Volunteer,

We are so excited you are considering being a part of the Lord's work in Haiti with us. It is a blessing not only to minister but also to work in unity with our brothers and sisters in the Lord.

This little guide developed out of the experiences of several volunteers to the Haiti mission. When I went on my first mission trip to Haiti the only thing I knew was that EHIH was a Christian healthcare mission team (seriously)! I didn't know about what to bring, what it would cost, what shots were recommended, how to prepare, etc. When my roommate dropped me off at the airport and I realized I didn't know who, when, or where I was supposed to meet, I realized what a step of faith I had taken. I did know that I had sought God about how to serve Him and He had opened the door for me. So this wasn't some risky adventure – it was a fully thought out trip with every single detail divinely arranged!!! God provided from the moment I caught up with the team on the airport's moving sidewalk and He continues to involve me in His work to this day.

I share all this to let you know that in the creation of this guide we hope to make the process smoother for you, let you learn from the experiences of others, and pray for the trip with knowledge. This is not, however, a substitute for seeking God as the Guide – seek Him about every aspect. You will notice quotes from different people throughout the book; they are included to show the different ways God works. Some people wished they had prepared more; others wish they knew less. There is no formula for a perfect trip except seek God, for He will accomplish His work.

Please use this resource to aid you. As questions arise during the course of your preparation please feel free to contact us at [info@eternalhopeinhaiti.org](mailto:info@eternalhopeinhaiti.org). This resource is *not* comprehensive – more details will be provided closer to the trip. Also, after your trip, please help contribute to the improvement of this resource and the trips by filling out the enclosed survey.

God Bless You. We look forward to serving with you in Haiti.

Joyfully in His Service,

Cheron R. Hardy, RN, FNP, CNM  
Eternal Hope in Haiti, Resident Missionary

Angie L. Haynes, RN, MPH  
Eternal Hope in Haiti, Secretary

Twilla Haynes, RN, MN, JD, ANP-C,  
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Created January 2003

All information is subject to change, but upon creation is correct to the best of our knowledge.

Questions – Please email [info@eternalhopeinhaiti.org](mailto:info@eternalhopeinhaiti.org).

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Eternal Hope in Haiti is a 501(C)(3) organization.

## **Introduction to Eternal Hope in Haiti**

Vision: To extend the love of God to needy people who live in conditions of relentless poverty and hunger in Cap Haitien and surrounding communities.

In order to realize this vision we have two primary activities:

1. Mobile Clinics – provision of free primary healthcare during quarterly trips
2. Hope Haven Orphanage – a home where critically ill children find healing, rest and God's love

## **Hope Haven Orphanage**

Mission: Enabling health care and related services by compassionate volunteer staff to needy families and children. We will help each child at Hope Haven grow up healthy, happy, and safe in the light of Christian love.

"...love the stranger as yourself"

- *Leviticus 19:34*
- Hope Haven is unique in that it is designed to take care of medically fragile and critically ill children.

What do these children face?

Malnutrition, typhoid fever, HIV, TB, pneumonia, and meningitis, to name a few. According to the World Health Organization, Haiti ranks worst in the world as far as access to safe water and seventy to eighty percent of the population suffers from malnutrition.

Eternal Hope in Haiti doesn't plan to change the world but we can put hope back in the eyes of desperate children. Eternal Hope is not corporately funded or agency controlled. It exists because individuals give generously to make a home for children that would otherwise face certain death.

Services provided at Hope Haven:

- Medical care
- Education
- Healthy meals, safe housing

Short-term Volunteer Service Opportunities (to name a few):

- Providing gifts, resources, Bible teaching, and parties for the children
- Spending time making relationships with the children (They especially love a night at the hotel!)
- Doing maintenance on the current building (painting, plumbing etc.)
- Construction of the new orphanage!
- Healthcare for sick children

When asked what was the best part of your trip?

- Thomas Meier, 25: "The kids... just being around them!"
- Earl Benson, 20: "Visiting the orphanage and playing with the children; also spending time with the children at the hotel."
- Megan Swindell, 23: "Some of the highlights of my trips have been the time spent with the children at the orphanage and the relationships I have cultivated with the children."
- Angelle Benson, 23, Graduate Student: "The best part of the trip were the clinics, because I felt that there I was actually doing something to change the miserable conditions around me, rather than being a silent, helpless observer – the clinics were action-packed, full of drama, tense moments, and small miracles."

## **Eternal Hope in Haiti Mobile Clinics**

The mobile clinics are a central part to the work of Eternal Hope in Haiti. We provide primary care to different communities in and surrounding Cap Haitien, Haiti. We go to where the people are, for if we didn't they wouldn't be able to come to us. We treat acute illness, chronic diseases and tropical illness. We believe in providing quality care to our patients; for chronic disease, a supply of medicine to last until our return is provided. All care and medications are free. Healthcare providers work with Creole interpreters to provide care. Bibles – the books of Romans & John (in Creole) – are distributed at the clinics. The clinics are coordinated in communities by partnerships with local pastors.

### *For the Healthcare Provider*

A section on the common tropical diseases seen and treatment protocols is forth coming. Throughout this resource there will be special sections for the healthcare provider to aid in your specific preparation. Probably the most important resource to have for malaria and other infectious diseases is:

Gilbert, D., Moellering, R., Sande, M. (2007). The Sanford Guide to Antimicrobial Therapy. Hyde Park: Antimicrobial Therapy, Inc.

### *What can I do at the clinics if I am not a healthcare provider?*

- Earl Benson, 21: "I worked in the pharmacy, that kept me very busy!"
- Charlotte Shriver: "The team that I was fortunate enough to go with was the very best. They were so patient with me – my first trip to Haiti and having no medical background – they found plenty for me to do to help. I was so concerned that I would just be in the way and more bother than help. At the clinics I was a 'go-fer', I washed children and mothers with Lindane to help with parasites, I worked in the pharmacy, I gave clothes to children and mothers at the clinics and at the hotel, I helped to pack medicine and vitamins at night for the next day and generally anything that did not require medical training to accomplish."

## **Short-Term Volunteer Checklist**

1. Obtain Passport.
2. Contact Health Care Provider for travel vaccinations/anti-malaria prescription
3. Fill out information sheet and mail to:  
EHIH  
Att: Volunteering  
PO Box 307  
Hoschton, GA 30548
4. Purchase an airline ticket when you receive the itinerary
5. Review all materials in handbook
6. PRAY

To obtain a passport visit the US State Department of State at [http://travel.state.gov/passport\\_services.html](http://travel.state.gov/passport_services.html)

The website contains all necessary information.

Important things to note:

- It takes 5-6 weeks for a passport to be processed. Expedited service is available for an additional cost.

- Passport fees are \$70 for age 16 and under and \$85 for age 16 and older.

## **Dates and Activities**

Eternal Hope in Haiti makes trips to Haiti typically every March, June, August and December. The trips are usually about 2 weeks. Most volunteers typically stay about 7-10 days. We usually fly in on a weekend, run clinics during the weekdays and may have time on the weekends for a visit to cultural sites such as the Citadel or a beach trip with the children and church.

## **Air Travel**

To allow for maximum service opportunities we allow flexible travel dates, although it is recommended you travel with the group, especially if it is your first time, and leave as necessary. As a result of individual differences in travel dates, please mark your dates on your information sheet. If you must leave on a different date please try to coordinate with others in the group.

Travel from Atlanta to Miami and then to Port-au-Prince with Eternal Hope in Haiti is currently through American Airlines. Prices vary significantly based on the time of year. When the travel dates have been set you will be notified. You can then book your own ticket.

EHIH Travel Agent: HCI Travel JoAnn Quan- (404) 841-3100

We fly from Port-Au-Prince to Cap Haitien with C'arbant Air Airways. It is a small plane and about a 30 minute flight. Tickets are purchased upon arrival to Haiti. Reservations will be made in advance by Eternal Hope in Haiti.

## **Health**

### *Immunizations & Malaria Prophylaxis*

The Center for Disease Control (CDC) provides recommendations for travel to the country of Haiti. It is assumed that volunteers will make a personal decision about their immunizations based on the recommendations. **The requirements for Eternal Hope in Haiti volunteers are malaria prophylaxis, the Tetanus booster, updated Polio and Hepatitis B for health care providers.** In addition, it is assumed that volunteers are in good health or have consulted with their health care provider about travel. Health insurance is also necessary. However, reading and preparing for all the health information can be scary and overwhelming. As with all aspects of the process we believe God is in control of your health!

*CDC recommends the following vaccines (as appropriate for age) for the Caribbean Region (See your doctor at least 4–6 weeks before your trip to allow time for shots to take effect)\*:*

- Hepatitis A or immune globulin (IG) should be considered if travel to areas of questionable sanitation is anticipated. (Recommended)
- Hepatitis B, if you might be exposed to blood (for example, health-care workers) or travelers who have sexual contact with the local population, stay longer than 6 months in Haiti or the Dominican Republic, or might be exposed through medical treatment.
- As needed, booster doses for tetanus-diphtheria and measles. Hepatitis B vaccine is now recommended for all infants and for children ages 11–12 years who did not receive the series as infants.

\* Taken from the CDC Travelers Section for the Caribbean on the website. For more information available: <http://www.cdc.gov/travel/caribbean.htm>

Immunizations and Malaria medications are available through different sources depending on your location and insurance. These sources are generally your regular health care provider, a local health department, a travel consult through your health system, a local university, etc.

Expect to pay at least the following for your immunizations:

- Hepatitis A\* - \$70
- Hepatitis B\* - \$45 (a three shot series over 6 months)
- Tetanus Booster - \$10 (you want this recent - within 5 years)
- Polio Booster - \$10
- Typhoid Vaccine (optional but recommended for stay longer than 4 weeks)

\* A twinrix shot is usually available, which combines the Hepatitis A & B shots.

### **Anti-malaria Precautions (Required)**

Advice for travelers in international settings in accordance with the CDC follows: Take chloroquine 300mg base tablets over 6 weeks for a total of 6 tablets, taking 1 tablet per week on the same day each week. The first tablet should be taken one week prior to departure date. Take the second tablet on the day of departure from the USA. The third tablet should be taken on the day of return to the USA, assuming the trip is for one week. The remaining 3 tablets should be taken weekly for three weeks after return to the USA in order to complete the six week schedule (required). Note that your provider may prescribe a different anti-malarial medication with different instructions.

### **Staying Health in Haiti**

- Carry enough of your essential medications to last duration of the trip, divided between carry-on and checked luggage. Medications should be in original bottles, with labels.
- Air Travel – if you suffer from motion sickness (or are nervous with small planes): You can take Dramamine 50-100mg every 4-6hours, starting 30-60 mins before travel, max 400mg/day, available over the counter.
- Best prevention of malaria is to avoid bites! Personal protection measures: Insect Repellants (15% DEET - CUTTERS); apply sunscreen first, then insect repellent; long-sleeved clothing & pants.
- Traveler's Diarrhea accounts for 64% of all illnesses affecting tourists. The risk factors are: drinking tap water, brushing teeth with tap water, fruit not personally peeled by traveler, dining outside of the hotel having iced drinks, fresh juices, eating food in small restaurants or from vendors, eating locally made ice cream or flavored ices.

One of the best parts of the trip is that you travel with health care providers. Because many illnesses can have the same symptoms as normal health discomforts, please just let one of the group leaders know if you become sick. Medications are available for those on the trip.

### **Expenses**

The total cost of the trip for one week – which includes airfare, housing, food, and taxes – is approximately \$1000 – 1200, depending on the length of stay, time of year, etc. If it is your first trip and you need to have shots and obtain a passport it will be more.

Typical Trip Budget

Immunizations (varies)

Passport Fees \$85

Airfare: USA to Port-Au-Prince (roundtrip) \$420 - \$560

Airfare: Port-au-Prince to Cap Haitien (roundtrip)  
*Paying in cash makes the process smoother, however credit cards are accepted and can be useful for several people on one card \$100*  
Hotel (see Accommodations for more info, based on 3 people/room) \$55/night  
Transportation (taxi to and from airports, \$7 each way \$14  
Exit Tax (in cash to get out of the country) \$34  
Shopping, Food, Activities  
(varies)  
Cash to give away as needed  
(varies)

A trip to the Citadel during the stay is approximately \$20 - \$25. Any monies for extras is not included (ie sodas, snacks, and gifts). A major source of income for the Haitian people is their crafts, such as baskets, art, and woodcarvings.

Money can be changed into Haitian currency at the hotel or at exchange places throughout the city. However, an American dollar goes a long way. (Tip - bringing about \$100 in one-dollar bills

### **Accommodations**

Current travel accommodations are at the Hotel Mont Joli in Cap Haitien, Haiti. The hotel amenities include safe drinking water (culligan water in a thermos), hot showers (occasionally), outdoor swimming pool, air conditioning, television and a wonderful restaurant.

However, this wonderful hotel does not have some of the typical things you might expect in an American hotel so pack washcloths, all toiletries, and an extra pool/beach towel.

Breakfast and dinner are included in the price of the room. Drinks and lunch are not included. A tip (of \$1) is standard with meals. Prices are \$42 - \$45 per night for triple occupancy. Single and double rooms are available for additional cost (prices subject to change). Major credit cards accepted. You do not have to make reservations in advance.

The hotel is an international hotel. Every precaution is taken by the staff in the preparation of the food. Based on 14 years experience at this hotel and 500 volunteers, no one has experienced any significant problems.

### **Weather**

Haiti has typical tropical climate year round.

### **Cultural Issues**

Haiti is a beautiful country with gorgeous beaches and mountains. The Haitian people are a strong and resourceful people who fight for survival under difficult living conditions. Although there is much beauty in the country, there is also much poverty. A few glimpses of reality are

provided:

- "The most shocking aspect [of the trip] were the conditions in which people were living – specifically the shacks downtown that were in the midst of slow collapse and the country dugout-type houses with little light and space."
- "The worst part of my trip was the feeling of utter frustration at the 'Haitian' way of doing every thing so slowly. I had hoped to get the papers for Jeflit and Jean Roudy completed while I was in Haiti (for medical care in the US). I was so naïve. Also the plight of those people was devastating to me. I could not believe that Haiti was only a few hours from Atlanta but a million miles from my world in America."
- "The most shocking aspect of my trip was the complete lack of the most basic facilities: clean water and sewage. The lack of products to buy if you even had money was bad but making your children sick when you bathe them because of foul water was unbelievable. As a mother my heart was shattered over the plight of the mothers. They had no way out of the cycle of poverty and filth."
- "The most shocking aspect of the trip was seeing the hungry children begging for food at the Cap Haitien airport and also some of the conditions of the people at the clinics."

### **Tips for Travel**

- Have a fanny pack or some other way to keep your passport, money etc on you at all times.
- Make two copies of your passport identification page. This will facilitate replacement if your passport is lost or stolen. Leave one copy at home with friends or relatives. Carry the other with you in a separate place from your passport.
- To avoid being a target of crime, or stumbling block, try not to wear conspicuous clothing and expensive jewelry and do not carry excessive amounts of money or unnecessary credit cards.

I wish I had known:

- "How important and vital making time for prayer, quiet time, and sharing with others is, in terms of preparing myself and others to face unforeseeable challenges that arise during the day. Be flexible, not easily offended, and to anticipate miracles. "
- "One: Creole, at the very least basic phrases. I should have done that anyway but I didn't. Two: spray your ANKLES with bug spray, even if you're wearing long pants. Three: how much bug spray to bring; I didn't need all I brought."
- "Spend time in prayer before the day begins and pray during the day to help you get through it.
- "Things often go off course in Haiti and the NUMBER ONE thing you can bring with you to Haiti is a flexible attitude. People who typically adhere to a strict schedule and planning usually have a very difficult time adjusting to the group dynamics and general flow of activities in Haiti. In a nutshell: be prepared to hurry up and wait. And do it with a smile. Otherwise you will make yourself and everyone else miserable."

### **Packing List (what to bring to Haiti)**

Packing for Haiti has three parts: 1) what you bring for yourself; 2) what you bring to give away; 3) the luggage you carry for medical care. Probably one of the best parts of the trip is to have items to give away to people in need, thus to maximize your opportunities for giving the following suggestions work well.

- Try to pack things you can/would be happy to leave. For example with your clothes, it's great to wear something old but nice, or that you don't wear or shop at a thrift store before going so you can wear you clothes during the trip, then have them washed and given away.
- There is laundry available at the hotel for approximately \$1 per item so you don't need lots of outfits.



- Try to pack in your carry-on everything you would need for one or two days (in case the luggage gets separated) and as much as possible your personal belongings. In your second suitcase you can pack the things you want to give away. The third suitcase with medical supplies will be provided already packed for you.
- The weight limit per bag is 70lbs; over that a fee will be assessed.
- One nurse said, "I always try to bring at least one 'nicer' outfit in case we go out in town. A general piece of advice is bring less stuff for yourself than you think you 'might' need. You feel guilty when your suitcase is filled with clothes that you 'might' need instead of supplies or donations for other people."

*Bring:*

- Lightweight luggage
- Washcloths
- Beach/pool towel
- Shower shoes
- Bug Spray – CUTTERS - one bottle is sufficient
- Sunscreen
- Sunglasses/sun hat
- Handkerchief /scarf (to keep dust out of face)
- Water bottle (available at grocery stores)
- Pens
- Paper/notebook
- A few photos of your family
- Camera, film, batteries (cost is prohibitive in Haiti).
- Antibacterial gel (there's very little water for handwashing at the clinics)
- Snacks as a lunch substitute (ie. Peanut butter crackers, granola bars, etc.)
- Bible
- Journal
- Plastic Grocery bags (dirty clothes, for giving away)
- Backpack
- Swimwear
- All toiletries (soap, shampoo, etc. – they do not come with the room)
- Comfortable shoes for long hours of working
- A pair of sandals/dress shoes for church or dinner
- Clothing - skirts or dresses for the women and slacks or jeans for the men for clinical experiences. Also bring a change of clothes for dinner at the restaurant (men typically wear long pants to dinner).
- Pair of jeans for the Citadel excursion
- Remember the more skin covered, the less mosquito exposure!

***Don't forget your smile, servant spirit and eagerness to work!***

What would you have liked to bring but didn't know to bring?

- Charlotte: "The things that we needed were the simple things, paper towels, empty bottles for medicine, paper cups for water, etc. These would be luxury items, I guess, because you need the travel space for more important things like gloves and things like that. It would be difficult to decide what is the most important. At one clinic I would have given good money for a fine-toothed comb but who knew we would need one?"

- Cheron, on how God works in the packing: "As I packed I was stuffing every inch of my suitcases and trying not to exceed 70 lbs (as I had done on previous trips). On my second trip to Haiti I had brought a box of Ambesol (tooth numbing medicine) I had around the house. I never used it on the trip and brought it back. As I was packing I put it in my bag, and then I found

something else that could fit that I wanted to bring and took it out. As I prayed that God would show me what was necessary to bring, He told me to put it back in my bag so I did, thinking, 'God I better use it or I'll be unhappy...' The first day of the trip one of our workers came up to me with an infected tooth, in horrible pain. I have just the thing for you I said, and gave him some antibiotics as well. God is faithful in all things."

*For the Health Care Provider (if available):*

- Medications and medical supplies will be provided but if you have access to any drug samples, supplies, etc please
- One nurse said, "Although we generally have most medical supplies I try to always keep my own stash of first aid supplies including Band-Aids, gauze, Tylenol, ibuprofen, Imodium, Pepto-Bismol and some antibiotics."
- Stethoscope
- Blood Pressure Cuff
- Oscope
- Sanford Antimicrobial Guide (essential reference for Malaria, Parasites etc)
- Students should wear nametags
- Notepad for clinical log
- Extra gloves and syringes are always needed and appreciated.

*Useful Items to Give Away*

- Summer clothes and shoes for all ages (most people aren't overweight) in new or good used condition (they will get a lot of wear and no one wants poor quality clothing)
- Toiletries (esp. deodorant, toothbrushes, toothpaste, soap)
- Gifts/toys for children
- Candy (small size, individually wrapped), gum
- Sheets/thin blankets
- Christian devotionals, Bible study helps, books
- School supplies (pencils, pens, composition notebooks etc)
- Definitely coloring books and crayons!
- Gatorade juice boxes, ensure to give away at the clinic
- Vitamins, Motrin, Tylenol
- It's also nice to have money to give away as needs arise during the trip.
- About \$150 can buy enough rice and beans for one clinic! This is great for combating malnutrition.

## **Spiritual Preparation**

This section contains some concerns people have had and spiritual principles to help you prepare for the trip and what you will encounter while there. Consider working through this section slowly – maybe setting aside one day a week to pray for Haiti and the trip. In addition search the Scriptures about some of the issues listed below (a couple of references have been given for you). Another habit that is extremely beneficial on the trip, if you don't already do it, is journaling. It is wonderful to record and be able to go back over how God worked in you through this trip. When we are in Haiti we will meet for prayer and sharing, and you can share what the Lord has impressed upon you.

*Dealing with Your Fears*

Many people have fears about going on a mission trip. There are usually two categories of fears. The first is about going to another country and reflects concerns about the planes, living conditions, getting sick, etc. The second type are those about personal insecurities ("I'm not a

missionary”, “I won’t be able to do <blank>”, “I won’t know what to say/how to deal with <blank>”). Remember, if you have these fears you are not alone:

- “My greatest fears were of the planes crashing (obviously not realized!), political instability, and not being able to be of use at the clinics. They were not realized and, further more, I gained the confidence that whatever happened, God would be in supreme control.”
- “I had no reservations because I did not know what to expect. The only fear that I had was when Kenny told us that we would have to go through customs alone because we should not look like a group but God is good because Tom was in front of me and I just followed him at a safe distance. I did not know what to expect when I was stopped at customs but God gave me peace.”
- “My fears were whether I would be able to do the work required; God enabled me to overcome those fears.” (see 2 Timothy 1:7, Phillipians 4:13, John 14:27, Jeremiah 1: 5-8)

### *Serving*

- “The most important spiritual principle was that of learning how to be a servant – it was tempting sometimes to draw lines in the sand as to what time of day I would be serving others versus myself or to protest at unexpected duties given – but I realized firsthand that to be the greatest means to be the very least. I felt that I understood more clearly what Jesus’ life must have been like on a daily basis, and the depths of love and personal sacrifice He displayed in choosing to live as a servant in poverty-stricken conditions for His entire life on earth for our sake.” (see Matthew 20:26-28)
- “If I’m not preaching the gospel the whole trip (you might ), what is the value of what I have done in the clinics and the orphanage? “ (see Matthew 25:31-46, James 2:15 &16, James 1:27)

### *Dealing with People in Hard Situations*

- “I was glad I went with no knowledge of the country because God had a chance to let me see these people just like He sees them and the impression on my brain will last for the rest of my life. I will never be the same.”
- “One: Roman 12:15-1. Two: be a lover of people. Three: view the world and its people as God sees them. Four: don’t think about any of it before you go down. Let God shape your worldview (that was a goal of mine personally, not to listen to what people had to say, good or bad).”
- “Spiritual concerns are a huge component of a trip to Haiti. Once again this is part of everyone's own journey. My biggest spiritual hurdle was humbleness. I was humbled to the point of guilt as to why I was me and had been blessed with so much materially compared to these people and why? One big spiritual and emotional issue is re-entry. Coming home can be painful and confusing. A lot of questions surface when you get home. The first time I went was right before Christmas. I remember Twilla called me on Christmas Day to check on me because she knew how hard it is to come home, especially around Christmas time. That meant a lot to me and helped me digest everything. Another time a group of classmates and I had a huge round table discussion about a week after coming home. It was like group therapy. Lots of tears were shed. But it was a completion. It was also awesome to see how God works in other people's lives - how He starts a work and how He completes it.” (see Psalm 113:7, James 2:5, 1 John 3:17&18)

- Pray for salvation for those that don’t know Christ.
- Pray that the Lord would go before us on the trip and prepare the way for us to be safe and without problems.
- Pray the Lord would prepare the hearts of the people to receive the Bibles and that they would see the love of Jesus in our work.

- Pray for unity and harmony in the group.
- Pray for strength and willingness for the group to do all that the Lord has for us on the trip.
- Pray for the children in the orphanage, that they would each know Jesus as their personal Savior and grow in maturity in the Lord.
- Pray for healing for the children at the orphanage who are sick.
- Pray for wisdom and discernment for the leaders of the work (those in America and in Haiti).
- Pray for each person who goes on the trip, that the Lord will make each one of us more like Himself because of our work in Haiti.
- Pray for spiritual revival in the church.
- Pray that the Lord will raise up more laborers for the harvest.
- Pray that the Lord will convict people to give financially to the work, so that each child will be sponsored.
- Pray for the funds for the building of the new orphanage.
- Pray for the development of a technical school for the orphanage.
  - "Really, the things that are personally rewarding are the fellowship with Him, His revelations, His work and His miracles. 'Pray Constantly.' The maintenance, the constructions, I guess that it's fulfilling in that its 'for a good cause,' but I was more concerned with what God was saying the whole time while doing those things.

## Resources – For More Information

### **Haiti:**

Haitians: Their History and Culture – Refugee Fact Sheet Series No.10

Michele Burtoff Civan. Available: <http://www.culturalorientation.net/haiti/index.html>

Culture & Christianity – Haitian Prayers. God is No Stranger. Baptist Haiti Mission.

Available: <http://www.bhm.org/gins/index.htm>

A collection of simple prayers from the mountain people of Haiti to a Friend acquainted with their culture and daily life, with photography.

### **Creole:**

Ann pale kreyòl - Elementary and Intermediate Haitian Creole

Ann pale kreyòl is a comprehensive set of teaching materials designed to provide learners with a thorough grounding in the sounds, grammar, and vocabulary of Haitian Creole. The book is illustrated and contains a 1,200 word Creole-English glossary. Designed for persons who wish to acquire a working command of the language sufficient to communicate with monolingual speakers, (278 pages, soft bound)

Available: <http://www.indiana.edu/~creole/apkpromo.html>

(This is an intense learning set – a little challenging for the beginner but very comprehensive. It contains a 12-tape set and book for \$135)

Creole Made Easy – a simple introduction to Haitian Creole for English speaking people.

Sixteen easy lessons cover the basic elements of Creole grammar and how to pronounce Creole words. The lessons include simple exercises and translation keys. A thorough up to date dictionary of 4,600 Creole to English and English to Creole word translations is included. This is inexpensive

(\$14.95) great dictionary for getting started. A pocket dictionary is available as well.

Available: <http://www.amazon.com/exec/obidos/tg/detail/-/0967993717/103-1756008-0410201?vi=glance>

## Eternal Hope In Haiti Short Term Volunteer Information Sheet

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_



RELEASE OF ALL CLAIMS, CERTIFICATION, ACKNOWLEDGMENT AND INDEMNITY

The undersigned being of lawful age, for and in consideration of Undersigned's participation in the Eternal Hope in Haiti Short Term Volunteer Trip which will take place in the country of Haiti (the "Activity") and for other good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, and for the heirs, executors, administrators, successors and assigns of Undersigned does hereby intend to release, acquit, and forever discharge Eternal Hope in Haiti, Inc and all of its affiliates, agents, servants, successors, representatives, officers, employees, assigns and all other associated persons, firms, corporations, associations, partnerships, and entities (herein collectively referred to as "Eternal Hope in Haiti"), of, from and against-any and all actions, causes of action, demands, rights, damages, claims for damages, costs, losses, expenses, compensation and any other claims and rights of whatsoever kind and nature, which may hereafter accrue on account of, or in any way arise out of, or result from Undersigned's participation in the Activity.

The Undersigned acknowledges and understands that during Undersigned's participation in the Activity, Undersigned will come in contact with potentially adverse political, social, and disease conditions that are prevalent in developing countries. The Undersigned agrees to adhere to recommended safety precautions in all settings during Undersigned's participation in the Activity and to adhere to the prescribed protocol as recommended by the Centers for Disease Control for the status of "traveler" to the country of Haiti, including, but not limited to, the prescribed protocols for the anti-malarial therapy, the hepatitis vaccine, and the tetanus booster. The Undersigned hereby certifies and acknowledges that Undersigned is in good mental and physical health and condition and has consulted his/her physician before participating in the Activity. The Undersigned also certifies and acknowledges that Undersigned has sufficient health and medical insurance.

It is understood, agreed and intended that this is a release by the Undersigned of all claims whatsoever against Eternal Hope in Haiti, and that Undersigned acknowledges and is fully aware of the risks and hazards attendant to Undersigned's participation in the Activity. The Undersigned hereby agrees to immediately indemnify and hold Eternal Hope in Haiti harmless for any and all losses or damages, including but not limited to, all attorney's fees of counsel selected by Eternal Hope in Haiti, costs and expenses, incurred by Eternal Hope in Haiti which may arise out of or result from Undersigned's participation in the Activity. This document shall be governed by, interpreted and constructed in accordance with the laws of the State of Georgia.

THE UNDERSIGNED HAS READ THE FOREGOING RELEASE OF ALL CLAIMS, CERTIFICATION, ACKNOWLEDGEMENT AND INDEMNITY, FULLY UNDERSTANDS IT, VOLUNTARILY SIGNS IT AND KNOWINGLY AGREES TO ALL OF THE TERMS CONTAINED HEREIN.

IN WITNESS WHEREOF, Undersigned has hereunto set her hand and seal this \_\_\_\_\_ day of

\_\_\_\_\_  
UNDERSIGNED: \_\_\_\_\_(seal)

Print Name: \_\_\_\_\_

Address: \_\_\_\_\_

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